

**2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023**

**Host: Marvin Ridge HS**

**Swimming & Diving**

**Psych Sheet - Final**

**Event 1 Women 200 Yard Medley Relay**

| Team                | Relay | Seed Time |
|---------------------|-------|-----------|
| 1 Myers Park        |       | 1:46.96   |
| 2 Hough             |       | 1:49.67   |
| 3 Lake Norman       |       | 1:49.87   |
| 4 Char Catholic     |       | 1:50.04   |
| 5 Providence        |       | 1:50.78   |
| 6 Ardrey Kell       |       | 1:50.93   |
| 7 Marvin Ridge      |       | 1:51.62   |
| 8 Cuthbertson       |       | 1:52.21   |
| 9 South Meck        |       | 1:52.22   |
| 10 Hopewell         |       | 1:53.69   |
| 11 Watauga          |       | 1:55.00   |
| 12 Weddington       |       | 1:56.07   |
| 13 East Mecklenburg |       | 1:58.04   |
| 14 TC Roberson      |       | 1:58.46   |
| 15 Cox Mill         |       | 1:59.86   |
| 16 Sun Valley       |       | 2:01.28   |
| 17 Asheville        |       | 2:03.14   |
| 18 South Iredell    |       | 2:03.94   |
| 19 AC Reynolds      |       | 2:04.07   |
| 20 West Cabarrus    |       | 2:05.20   |
| 21 Hickory Ridge    |       | 2:05.29   |
| 22 Piedmont         |       | 2:06.01   |
| 23 Butler           |       | 2:06.92   |
| 24 Palisades        |       | 2:06.94   |

**Event 2 Men 200 Yard Medley Relay**

| Team               | Relay | Seed Time |
|--------------------|-------|-----------|
| 1 Marvin Ridge     |       | 1:36.34   |
| 2 Ardrey Kell      |       | 1:37.22   |
| 3 Providence       |       | 1:37.41   |
| 4 Myers Park       |       | 1:37.67   |
| 5 East Mecklenburg |       | 1:38.24   |
| 6 South Meck       |       | 1:38.35   |
| 7 Weddington       |       | 1:39.64   |
| 8 Hickory Ridge    |       | 1:40.33   |
| 9 Cox Mill         |       | 1:40.52   |
| 10 Cuthbertson     |       | 1:42.39   |
| 11 Hough           |       | 1:42.53   |
| 12 Lake Norman     |       | 1:43.39   |
| 13 West Cabarrus   |       | 1:44.63   |
| 14 Char Catholic   |       | 1:45.05   |
| 15 TC Roberson     |       | 1:47.14   |
| 16 Hopewell        |       | 1:48.79   |
| 17 Watauga         |       | 1:49.75   |
| 18 AC Reynolds     |       | 1:51.18   |
| 19 Palisades       |       | 1:52.19   |
| 20 South Caldwell  |       | 1:52.41   |
| 21 Butler          |       | 1:53.04   |
| 22 North Meck      |       | 1:53.73   |
| 23 Asheville       |       | 1:53.82   |
| 24 Porter Ridge    |       | 1:57.11   |

**Event 3 Women 200 Yard Freestyle**

| Name                 | Yr | School        | Seed Time |
|----------------------|----|---------------|-----------|
| 1 Kaylee McDonald    | JR | Marvin Ridge  | 1:53.34   |
| 2 Kara Martinson     | SR | Weddington    | 1:53.55   |
| 3 McKenna Patrick    | JR | Cuthbertson   | 1:54.55   |
| 4 Clarke Neace       |    | Hough         | 1:55.21   |
| 5 Taylor Goodwin     | SO | TC Roberson   | 1:55.82   |
| 6 Reese Briggs       | SO | South Meck    | 1:56.19   |
| 7 Julia Pou          | FR | Myers Park    | 1:56.59   |
| 8 Makenna Wozny      | SR | Providence    | 1:56.80   |
| 9 Sarah Virkler      | JR | Providence    | 1:57.25   |
| 10 Charlotte LePage  | SO | Marvin Ridge  | 1:57.30   |
| 11 Emma Lee          | JR | Marvin Ridge  | 1:57.48   |
| 12 Sarah Dichak      | SR | Char Catholic | 1:57.70   |
| 13 Claire Oettinger  | JR | Providence    | 1:58.46   |
| 14 Grace Tuchi       | JR | Myers Park    | 1:58.78   |
| 15 Meredith Bush     | SR | Char Catholic | 1:58.84   |
| 16 Julia Gehrig      | SR | Char Catholic | 1:59.30   |
| 17 Kendall Wilson    | SO | Porter Ridge  | 2:00.04   |
| 18 Leyla Sleime      | SR | Char Catholic | 2:00.06   |
| 19 Sarah Smith       | FR | Myers Park    | 2:00.55   |
| 20 Avery Hutcheson   | SR | North Meck    | 2:00.64   |
| 21 Kylie Brewster    |    | Ardrey Kell   | 2:01.01   |
| 22 Sophia Pero       | FR | Hopewell      | 2:01.38   |
| 23 Emma Barr         |    | Lake Norman   | 2:01.82   |
| 24 Abigail Hollmeyer | SR | West Cabarrus | 2:01.89   |

**Event 4 Men 200 Yard Freestyle**

| Name                    | Yr | School           | Seed Time |
|-------------------------|----|------------------|-----------|
| 1 Ian McKinney          | SR | Marvin Ridge     | 1:44.43   |
| 2 Santiago Alzate-Celin |    | Ardrey Kell      | 1:44.52   |
| 3 Evan Prabhu           | JR | Providence       | 1:46.26   |
| 4 Jack Haywood          | JR | Providence       | 1:46.28   |
| 5 Joseph Clark          | SR | Myers Park       | 1:46.30   |
| 6 Jack Rutledge         | SO | Providence       | 1:47.22   |
| 7 Jack Vess             | SR | AC Reynolds      | 1:48.39   |
| 8 Ben Esarove           | SR | Porter Ridge     | 1:48.63   |
| 9 Tyler Ligi            | JR | Hickory Ridge    | 1:48.82   |
| 10 Alex James           | SR | Marvin Ridge     | 1:48.95   |
| 11 Adam Polzien         | FR | Marvin Ridge     | 1:48.96   |
| 12 Paarth Krishnatrey   |    | Ardrey Kell      | 1:49.13   |
| 13 Quinn O'Mara         | SO | Marvin Ridge     | 1:49.68   |
| 14 Benjamin Leckinger   | JR | Cox Mill         | 1:50.06   |
| 15 Brendan Taylor       | JR | Weddington       | 1:51.61   |
| 16 Ben Martin           | SO | East Mecklenburg | 1:51.89   |
| 17 Peyton Buchanan      | JR | Cuthbertson      | 1:51.95   |
| 18 William Hager        | FR | Myers Park       | 1:51.97   |
| 19 Briar Tomcho         | SR | Weddington       | 1:52.26   |
| 20 James Tillman        | SR | Char Catholic    | 1:52.30   |
| 21 Jack Bundy           |    | Ardrey Kell      | 1:52.51   |
| 22 Joshua Rosenbloom    | SR | Providence       | 1:52.76   |
| 23 Tate Alexander       | FR | East Mecklenburg | 1:53.80   |
| 24 Ben Dudley           |    | Asheville        | 1:54.59   |

**2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023****Host: Marvin Ridge HS****Swimming & Diving****Psych Sheet - Final****Event 5 Women 200 Yard IM**

| Name                      | Yr | School           | Seed Time |
|---------------------------|----|------------------|-----------|
| 1 Avery Klamfoth          | FR | Myers Park       | 2:04.73   |
| 2 Grace Rainey            |    | Hough            | 2:05.52   |
| 3 Sofia Plaza             | JR | Myers Park       | 2:05.90   |
| 4 Sydney Sanders          | SR | Char Catholic    | 2:07.19   |
| 5 Audrey Pardue           | SO | Char Catholic    | 2:08.43   |
| 6 Shaelyn Shields         | SO | Providence       | 2:08.48   |
| 7 Emmaline Reddick        | FR | South Meck       | 2:09.08   |
| 8 Paige Thome             | JR | Cuthbertson      | 2:09.38   |
| 9 Lauren Bernardo         | JR | Char Catholic    | 2:09.45   |
| 10 Meredith Benton        | SR | Marvin Ridge     | 2:10.19   |
| 11 Sarah Henderson        | FR | Hopewell         | 2:11.46   |
| 12 Avery Vassil           | SO | Marvin Ridge     | 2:12.15   |
| 13 Macie McCarter         | FR | Marvin Ridge     | 2:12.72   |
| 14 Charlotte Eckert       |    | Ardrey Kell      | 2:12.80   |
| 15 Sawyer Carlson         | FR | Providence       | 2:13.78   |
| 16 Whitney Austin         | JR | Myers Park       | 2:15.07   |
| 17 Maddie Light           |    | Ardrey Kell      | 2:16.59   |
| 18 Sydney Boone-McDougall |    | Hough            | 2:16.95   |
| 19 Maggie Cheves          | SO | Watauga          | 2:18.22   |
| 20 Marin Schelble         | FR | Myers Park       | 2:18.46   |
| 21 Taylor Hall            | FR | Hopewell         | 2:18.51   |
| 22 Jule Howard            | SR | East Mecklenburg | 2:19.69   |
| 23 Allison Tonsil         |    | Hough            | 2:20.29   |
| 24 Riley Shimp-Donahue    | SO | Cuthbertson      | 2:21.01   |

**Event 6 Men 200 Yard IM**

| Name                    | Yr | School           | Seed Time |
|-------------------------|----|------------------|-----------|
| 1 Ben Delmar            | SR | Providence       | 1:53.88   |
| 2 Charles Heisig        | JR | Marvin Ridge     | 1:55.87   |
| 3 Tobias Winardi        | SO | Marvin Ridge     | 1:56.41   |
| 4 Christopher Aristondo | JR | South Meck       | 1:56.45   |
| 5 Greg Kisshauer        | SR | East Mecklenburg | 1:57.34   |
| 6 Isaac Holtham         |    | Ardrey Kell      | 1:58.18   |
| 7 Alex Cook             | SR | Weddington       | 1:58.36   |
| 8 Carson Day            | FR | Cuthbertson      | 1:58.70   |
| 9 Hayden Stallings      | SR | Providence       | 1:59.74   |
| 10 Jordan Willis        | SO | Marvin Ridge     | 2:00.48   |
| 11 Nicholas Chow        | SR | Myers Park       | 2:01.19   |
| 12 Parker Murphy        | FR | Hickory Ridge    | 2:01.50   |
| 13 Armaan Dabhade       |    | Ardrey Kell      | 2:02.32   |
| 14 Lucas Soniat         | FR | Marvin Ridge     | 2:02.38   |
| 15 Robert Lindsay       | JR | Myers Park       | 2:03.86   |
| 16 Ryan Chiu            |    | Ardrey Kell      | 2:04.01   |
| 17 David Ivan           |    | Ardrey Kell      | 2:04.36   |
| 18 Nathan Hall          | SO | Hopewell         | 2:04.70   |
| 19 Ryan Bambrick        | SR | Char Catholic    | 2:05.34   |
| 20 Oliver Ford          | FR | Providence       | 2:05.58   |
| 21 Constantine Gaskey   | JR | West Cabarrus    | 2:07.21   |
| 22 Milo Fagan           |    | Hough            | 2:08.30   |
| 23 Jacob Navarro        |    | Hough            | 2:10.22   |
| 24 Tyler Dugan          | FR | Char Catholic    | 2:10.73   |

**Event 7 Women 50 Yard Freestyle**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Joslyn Bolton     | FR | Providence       | 24.41     |
| 2 Alyssa Claborn    | SO | Lake Norman      | 24.57     |
| 3 Katie Kudela      | SR | Weddington       | 24.70     |
| 4 Ella Krampert     | JR | South Iredell    | 24.75     |
| 5 Sophia Bellissimo | SO | Lake Norman      | 24.76     |
| 6 Alexandra Davis   | JR | Cuthbertson      | 24.90     |
| 7 Madison Winardi   | FR | Marvin Ridge     | 24.91     |
| 8 Camdyn Dorman     | SR | Sun Valley       | 24.91     |
| 9 Natalie Linch     |    | Ardrey Kell      | 25.19     |
| 10 Eliza Wallace    |    | Ardrey Kell      | 25.23     |
| 11 Isabella Wilhelm | SO | Providence       | 25.28     |
| 12 Hannah Aghjayan  | JR | Myers Park       | 25.31     |
| 13 Chloi Harper     |    | Hough            | 25.32     |
| 14 Raegan Sherrill  | JR | Cuthbertson      | 25.34     |
| 15 Taylor Weaver    | FR | Myers Park       | 25.35     |
| 16 Leigh Bailey     | SR | Myers Park       | 25.41     |
| 17 Teagan Kozek     | SR | East Mecklenburg | 25.41     |
| 18 Logan Leckner    | JR | Char Catholic    | 25.49     |
| 19 Emma Condo       |    | Hough            | 25.52     |
| 20 Arianna Scordino | SR | Lake Norman      | 25.54     |
| 21 Katherine Atwood |    | Ardrey Kell      | 25.56     |
| 22 Celia Canata     | SO | Marvin Ridge     | 25.60     |
| 23 Ella Tyminski    |    | Hough            | 25.62     |
| 24 Karina Morisset  | JR | Mallard Creek    | 25.67     |

**Event 8 Men 50 Yard Freestyle**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Grayson Ickes     | SR | Providence       | 21.10     |
| 2 Nate Hohm         | JR | East Mecklenburg | 21.11     |
| 3 Christopher Zhang |    | Ardrey Kell      | 21.38     |
| 4 Alex Garmon       | JR | Hickory Ridge    | 21.48     |
| 5 Troy Keen         | JR | Marvin Ridge     | 21.76     |
| 6 Connor Solvason   | JR | Cox Mill         | 21.80     |
| 7 Michael Rice      | FR | Marvin Ridge     | 21.81     |
| 8 Mason Kinnavy     | JR | Providence       | 21.95     |
| 9 Preston Luong     | SR | North Meck       | 22.00     |
| 10 Wyatt Dacus      | SR | South Meck       | 22.18     |
| 11 Alex Subotich    | SR | Weddington       | 22.20     |
| 12 Nikita Shulgin   |    | Hough            | 22.26     |
| 13 Cole Geiger      | SR | Providence       | 22.29     |
| 14 Tyler Flickinger | SR | Weddington       | 22.45     |
| 15 Colin Mumford    | SR | Marvin Ridge     | 22.47     |
| 16 Tyler Seidel     | SR | Lake Norman      | 22.67     |
| 17 Will Sinclair    | SR | Lake Norman      | 22.68     |
| 18 Nolan Schear     | SO | Myers Park       | 22.72     |
| 19 Caden Campolmi   | SR | Myers Park       | 22.96     |
| 20 Preston Davis    | JR | Myers Park       | 23.26     |
| 21 Robert Frye      |    | Hough            | 23.28     |
| 22 Tokugen Drake    | FR | Providence       | 23.38     |
| 23 Calvin Powell    | SO | Cuthbertson      | 23.43     |
| 24 William King     | FR | South Meck       | 23.45     |

**2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023**

**Host: Marvin Ridge HS**

**Swimming & Diving**

**Psych Sheet - Final**

**Event 9 Women 1 mtr Diving**

| Name                   | Yr | School           |        |
|------------------------|----|------------------|--------|
| 1 Catherine Rehm       | X  | Asheville        | 375.20 |
| 2 Madeline Bays        | SR | Weddington       | 267.90 |
| 3 Emma Studnek         | SR | Myers Park       | 248.80 |
| 4 Abigail Studnek      | SR | Myers Park       | 247.95 |
| 5 Gabriella Panichella | 9  | Lake Norman      | 243.50 |
| 6 Miley Cook           | FR | Weddington       | 222.15 |
| 7 Paiden Castelblanco  | JR | Asheville        | 216.05 |
| 8 Zoe Massachi         |    | Asheville        | 211.30 |
| 9 Taylor Brantley      | SO | Hough            | 203.30 |
| 10 Cecelia Drendel     | SR | Myers Park       | 193.65 |
| 11 Blythe Duley        | 9  | Myers Park       | 188.80 |
| 12 Sophia Sidler       |    | Ardrey Kell      | 186.95 |
| 13 Zoey Tabor          | JR | Providence       | 183.85 |
| 14 Ella Maleski        | SR | Marvin Ridge     | 183.75 |
| 15 Maela Bazemore      | FR | East Mecklenburg | 181.65 |
| 16 Leah Drake          | SR | Marvin Ridge     | 171.45 |
| 17 Sebla Miracle       | FR | Asheville        | 167.15 |
| 18 Cora Mate           | SO | Hough            | 164.75 |
| 19 Shea Herrick        | SR | Lake Norman      | 158.00 |
| 20 Julianna Bamert     | 9  | Providence       | 156.55 |
| 21 Norah Dacus         | JR | South Meck       | 156.35 |
| 22 Molly Freeman       | JR | East Mecklenburg | 151.50 |
| 23 Riley O'Donnell     | JR | Providence       | 150.80 |
| 24 Payton Covey        | SR | Hough            | 150.60 |
| 25 Jaelynn Jackson     | SO | Butler           | 140.05 |
| 26 Emily Parker        | 9  | Lake Norman      | 129.40 |
| 27 Megan Lindsey       | SO | East Mecklenburg | 126.05 |
| 28 Anna Brown          | JR | East Mecklenburg | 114.25 |
| 29 Hagan Wilmesher     | SO | Hough            | 106.05 |
| 30 Elizabeth Rachal    |    | Ardrey Kell      | 63.70  |

**Event 10 Men 1 mtr Diving**

| Name              | Yr | School           |        |
|-------------------|----|------------------|--------|
| 1 Dean Treanor    | SR | Hough            | 253.95 |
| 2 Mason Kramer    | 9  | Char Catholic    | 180.40 |
| 3 George Robinson | 9  | Myers Park       | 169.35 |
| 4 George Stiff    | JR | East Mecklenburg | 161.45 |
| 5 Tucker Bryant   | SO | Myers Park       | 150.80 |
| 6 Reece Efird     | 9  | Myers Park       | 143.55 |
| 7 Colin Mumford   | SR | Marvin Ridge     | 134.48 |
| 8 Mason Black     | JR | East Mecklenburg | 134.25 |
| 9 Max Gallinek    | JR | Providence       | 126.30 |
| 10 Yoav Kaelter   | SR | Providence       | 122.65 |
| 11 Dylan Rogers   | SO | Myers Park       | 119.50 |
| 12 Brendan Ortiz  | FR | Char Catholic    | 116.90 |
| 13 Gregory Brown  |    | Ardrey Kell      | 86.05  |
| 14 Mark Greene    |    | Ardrey Kell      | 85.80  |
| 15 Andrew Pinter  | JR | Ardrey Kell      | 52.30  |

**Event 11 Women 100 Yard Butterfly**

| Name                     | Yr | School        | Seed Time |
|--------------------------|----|---------------|-----------|
| 1 Kiley Wilhelm          | SR | Myers Park    | 54.40     |
| 2 Kayman Neal            | JR | Myers Park    | 56.30     |
| 3 Lauren Patterson       | JR | Watauga       | 57.15     |
| 4 Molly Donlan           | SR | South Meck    | 57.52     |
| 5 Julian Wu              | JR | Providence    | 58.23     |
| 6 Caroline Norton        | JR | Providence    | 58.27     |
| 7 Carly VanNote          | JR | Marvin Ridge  | 58.83     |
| 8 Sydney Boone-McDougall |    | Hough         | 59.04     |
| 9 Maylie Berberian       | FR | Marvin Ridge  | 59.31     |
| 10 Amelia Amadio         | SO | Hough         | 59.42     |
| 11 Julia Gehrig          | SR | Char Catholic | 59.45     |
| 12 Raegan Sherrill       | JR | Cuthbertson   | 59.53     |
| 13 Paige Thome           | JR | Cuthbertson   | 59.83     |
| 14 Makena Briggs         | SR | South Meck    | 1:00.08   |
| 15 Ella Chin             | JR | Marvin Ridge  | 1:00.15   |
| 16 Whitney Austin        | JR | Myers Park    | 1:00.43   |
| 17 Charlotte Eckert      |    | Ardrey Kell   | 1:00.53   |
| 18 Katia Titioura        | SR | Providence    | 1:00.55   |
| 19 Charlie Zollinger     | JR | Cuthbertson   | 1:00.56   |
| 20 Lanie Holden          | JR | Myers Park    | 1:00.58   |
| 21 Sarah Williams        | SR | South Meck    | 1:00.90   |
| 22 CJ Bernado            | FR | Char Catholic | 1:00.93   |
| 23 Ella Tyminski         |    | Hough         | 1:01.11   |
| 24 Katherine Atwood      |    | Ardrey Kell   | 1:02.28   |

**Event 12 Men 100 Yard Butterfly**

| Name                  | Yr | School        | Seed Time |
|-----------------------|----|---------------|-----------|
| 1 Troy Keen           | JR | Marvin Ridge  | 51.28     |
| 2 Alex Garmon         | JR | Hickory Ridge | 51.72     |
| 3 Alex Subotich       | SR | Weddington    | 51.80     |
| 4 Evan Prabhu         | JR | Providence    | 51.94     |
| 5 Maksym Nechydyuk    |    | Ardrey Kell   | 51.98     |
| 6 Alex Cook           | SR | Weddington    | 52.29     |
| 7 Joseph Clark        | SR | Myers Park    | 52.50     |
| 8 Gavin McCarter      | JR | Marvin Ridge  | 52.61     |
| 9 Robert Frye         |    | Hough         | 52.74     |
| 10 Benjamin Leckinger | JR | Cox Mill      | 52.95     |
| 11 Jake Delehanty     | JR | Marvin Ridge  | 52.96     |
| 12 Dylan Sinople      | SR | Cuthbertson   | 54.02     |
| 13 Charles Henage     | JR | Marvin Ridge  | 54.07     |
| 14 Nathan Hall        | SO | Hopewell      | 54.36     |
| 15 Max Osman          | SO | South Meck    | 54.54     |
| 16 Gino Prabhu        | FR | Providence    | 54.73     |
| 17 Andrii Polotov     | JR | Cox Mill      | 54.88     |
| 18 Sebastian Singh    | SR | Myers Park    | 56.58     |
| 19 Nathan Hohnbaum    | SO | Myers Park    | 56.89     |
| 20 Ben Dudley         |    | Asheville     | 57.08     |
| 21 Jake Zhou          |    | Ardrey Kell   | 57.43     |
| 22 Rhishit Tiwari     |    | Ardrey Kell   | 57.57     |
| 23 Charles Pedroli    | SO | Myers Park    | 57.69     |
| 24 John Restrepo      | FR | South Meck    | 57.74     |

**2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023****Host: Marvin Ridge HS****Swimming & Diving****Psych Sheet - Final****Event 13 Women 100 Yard Freestyle**

| Name                  | Yr | School           | Seed Time |
|-----------------------|----|------------------|-----------|
| 1 McKenna Patrick     | JR | Cuthbertson      | 52.64     |
| 2 Joslyn Bolton       | FR | Providence       | 53.01     |
| 3 Claire Oettinger    | JR | Providence       | 53.79     |
| 4 Aubrey Hull         |    | Ardrey Kell      | 53.93     |
| 5 Madison Winardi     | FR | Marvin Ridge     | 53.97     |
| 6 Reese Briggs        | SO | South Meck       | 54.38     |
| 7 Abby Druhan         | JR | Char Catholic    | 54.43     |
| 8 Leigh Bailey        | SR | Myers Park       | 54.43     |
| 9 Kendall Wilson      | SO | Porter Ridge     | 54.81     |
| 10 Kathryn Kern       | FR | Char Catholic    | 54.88     |
| 11 Logan Leckner      | JR | Char Catholic    | 54.91     |
| 12 Marin Schelble     | FR | Myers Park       | 55.44     |
| 13 Emma Condo         |    | Hough            | 55.50     |
| 14 Ashleigh Gonsalves | SR | Char Catholic    | 55.76     |
| 15 Teagan Kozek       | SR | East Mecklenburg | 55.81     |
| 16 Caroline Norton    | JR | Providence       | 55.88     |
| 17 Karina Morisset    | JR | Mallard Creek    | 55.98     |
| 18 Virginia St. Clair | SR | Watauga          | 56.01     |
| 19 Vivian Ruppert     | SR | Butler           | 56.47     |
| 20 Natalie Linch      |    | Ardrey Kell      | 56.51     |
| 21 Michelle Hu        |    | Ardrey Kell      | 56.68     |
| 22 Giana Miltenberger | JR | Myers Park       | 56.91     |
| 23 Sloan Pratt        | SO | Marvin Ridge     | 57.30     |
| 24 Arianna Scordino   | SR | Lake Norman      | 57.40     |

**Event 14 Men 100 Yard Freestyle**

| Name                | Yr | School           | Seed Time |
|---------------------|----|------------------|-----------|
| 1 Christopher Zhang |    | Ardrey Kell      | 46.77     |
| 2 Connor Solvason   | JR | Cox Mill         | 47.47     |
| 3 Grayson Ickes     | SR | Providence       | 47.84     |
| 4 Nate Hohm         | JR | East Mecklenburg | 47.93     |
| 5 Michael Rice      | FR | Marvin Ridge     | 48.54     |
| 6 Preston Luong     | SR | North Meck       | 48.63     |
| 7 Ben Esarove       | SR | Porter Ridge     | 48.69     |
| 8 Mason Kinnavy     | JR | Providence       | 49.08     |
| 9 Alex James        | SR | Marvin Ridge     | 49.28     |
| 10 Parker Murphy    | FR | Hickory Ridge    | 49.34     |
| 11 Robert Lindsay   | JR | Myers Park       | 49.67     |
| 12 Bryan Bucci      | SO | Myers Park       | 49.77     |
| 13 David Ivan       |    | Ardrey Kell      | 49.83     |
| 14 Tyler Seidel     | SR | Lake Norman      | 49.90     |
| 15 Wyatt Dacus      | SR | South Meck       | 49.93     |
| 16 Leo Wachter      |    | Hough            | 50.06     |
| 17 Reid Kendall     | SO | Providence       | 50.19     |
| 18 Cole Geiger      | SR | Providence       | 50.22     |
| 19 Jackson Sterka   | SR | West Cabarrus    | 50.33     |
| 20 Caden Campolmi   | SR | Myers Park       | 50.85     |
| 21 Nolan Schear     | SO | Myers Park       | 50.91     |
| 22 Tyler Flickinger | SR | Weddington       | 50.97     |
| 23 James Tjahjadi   |    | Ardrey Kell      | 50.98     |
| 24 Tate Alexander   | FR | East Mecklenburg | 51.16     |

**Event 15 Women 500 Yard Freestyle**

| Name                 | Yr | School        | Seed Time |
|----------------------|----|---------------|-----------|
| 1 Kara Martinson     | SR | Weddington    | 4:56.18   |
| 2 Audrey Pardue      | SO | Char Catholic | 5:07.35   |
| 3 Kaylee McDonald    | JR | Marvin Ridge  | 5:07.48   |
| 4 Leyla Sleime       | SR | Char Catholic | 5:10.11   |
| 5 Taylor Goodwin     | SO | TC Roberson   | 5:10.25   |
| 6 Makenna Wozny      | SR | Providence    | 5:11.29   |
| 7 Charlotte LePage   | SO | Marvin Ridge  | 5:11.39   |
| 8 Emma Lee           | JR | Marvin Ridge  | 5:14.10   |
| 9 Sarah Virkler      | JR | Providence    | 5:15.44   |
| 10 Meredith Bush     | SR | Char Catholic | 5:15.60   |
| 11 Sarah Dichak      | SR | Char Catholic | 5:15.81   |
| 12 Caroline Largen   | SO | South Meck    | 5:15.90   |
| 13 Claire Johnson    | JR | Myers Park    | 5:15.96   |
| 14 Kylie Brewster    |    | Ardrey Kell   | 5:16.09   |
| 15 Abby Bocian       |    | Ardrey Kell   | 5:18.60   |
| 16 Emma Barr         |    | Lake Norman   | 5:24.28   |
| 17 Reese Bednar      | SO | Marvin Ridge  | 5:25.19   |
| 18 Savannah Kees     | JR | Piedmont      | 5:25.55   |
| 19 Josephine Ferrari |    | Hough         | 5:27.47   |
| 20 Katelyn Cromar    | FR | Providence    | 5:27.97   |
| 21 Avery Hutcheson   | SR | North Meck    | 5:31.41   |
| 22 Sarah Smith       | FR | Myers Park    | 5:31.99   |
| 23 Abigail Hollmeyer | SR | West Cabarrus | 5:33.48   |
| 24 Mary Dalton       | JR | Myers Park    | 5:34.98   |

**Event 16 Men 500 Yard Freestyle**

| Name                    | Yr | School           | Seed Time |
|-------------------------|----|------------------|-----------|
| 1 Santiago Alzate-Celin |    | Ardrey Kell      | 4:39.32   |
| 2 Ian McKinney          | SR | Marvin Ridge     | 4:40.44   |
| 3 Charles Henage        | JR | Marvin Ridge     | 4:49.85   |
| 4 Jack Haywood          | JR | Providence       | 4:49.85   |
| 5 Jack Rutledge         | SO | Providence       | 4:52.92   |
| 6 Carson Day            | FR | Cuthbertson      | 4:54.07   |
| 7 Liam Aleman           | JR | TC Roberson      | 4:56.83   |
| 8 Carson West           |    | Hough            | 4:57.45   |
| 9 James Tillman         | SR | Char Catholic    | 4:57.48   |
| 10 Wyatt Herger         | SO | Hopewell         | 4:57.59   |
| 11 Jack Bundy           |    | Ardrey Kell      | 4:58.38   |
| 12 Adam Polzien         | FR | Marvin Ridge     | 4:58.39   |
| 13 Jack Vess            | SR | AC Reynolds      | 5:01.04   |
| 14 Paarth Krishnatrey   |    | Ardrey Kell      | 5:02.76   |
| 15 Richard Tang         |    | Ardrey Kell      | 5:04.54   |
| 16 William Hager        | FR | Myers Park       | 5:04.55   |
| 17 Ben Martin           | SO | East Mecklenburg | 5:06.18   |
| 18 Danny Guenther       | SO | Myers Park       | 5:09.35   |
| 19 Denis Tchijik        | SO | South Meck       | 5:09.42   |
| 20 Jack Gessner         | JR | Providence       | 5:10.18   |
| 21 Owen Clark           | JR | Providence       | 5:13.31   |
| 22 Elliott Austin       | FR | Cuthbertson      | 5:14.06   |
| 23 Edward Anton         |    | Lake Norman      | 5:15.51   |
| 24 Peyton Buchanan      | JR | Cuthbertson      | 5:16.88   |

**2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023****Host: Marvin Ridge HS****Swimming & Diving****Psych Sheet - Final****Event 17 Women 200 Yard Freestyle Relay**

| Team                | Relay | Seed Time |
|---------------------|-------|-----------|
| 1 Providence        |       | 1:39.81   |
| 2 Myers Park        |       | 1:40.29   |
| 3 South Meck        |       | 1:41.14   |
| 4 Marvin Ridge      |       | 1:41.70   |
| 5 Lake Norman       |       | 1:41.78   |
| 6 Char Catholic     |       | 1:42.46   |
| 7 Weddington        |       | 1:42.61   |
| 8 Ardrey Kell       |       | 1:43.51   |
| 9 Cuthbertson       |       | 1:43.54   |
| 10 Cox Mill         |       | 1:43.76   |
| 11 East Mecklenburg |       | 1:44.11   |
| 12 Hough            |       | 1:44.43   |
| 13 Watauga          |       | 1:45.49   |
| 14 Hopewell         |       | 1:46.52   |
| 15 Sun Valley       |       | 1:47.05   |
| 16 South Iredell    |       | 1:48.19   |
| 17 TC Roberson      |       | 1:48.74   |
| 18 Hickory Ridge    |       | 1:50.09   |
| 19 Asheville        |       | 1:50.66   |
| 20 West Cabarrus    |       | 1:51.34   |
| 21 Porter Ridge     |       | 1:51.43   |
| 22 Piedmont         |       | 1:51.92   |
| 23 Palisades        |       | 1:53.16   |
| 24 AC Reynolds      |       | 1:53.99   |

**Event 18 Men 200 Yard Freestyle Relay**

| Team               | Relay | Seed Time |
|--------------------|-------|-----------|
| 1 Ardrey Kell      |       | 1:27.89   |
| 2 Providence       |       | 1:29.52   |
| 3 South Meck       |       | 1:30.41   |
| 4 Marvin Ridge     |       | 1:30.45   |
| 5 Hickory Ridge    |       | 1:30.53   |
| 6 Cox Mill         |       | 1:30.87   |
| 7 Myers Park       |       | 1:31.12   |
| 8 Weddington       |       | 1:31.13   |
| 9 East Mecklenburg |       | 1:31.20   |
| 10 West Cabarrus   |       | 1:31.95   |
| 11 Cuthbertson     |       | 1:32.50   |
| 12 Lake Norman     |       | 1:32.72   |
| 13 TC Roberson     |       | 1:36.22   |
| 14 Hough           |       | 1:37.31   |
| 15 Asheville       |       | 1:37.74   |
| 16 Butler          |       | 1:38.58   |
| 17 Palisades       |       | 1:40.17   |
| 18 AC Reynolds     |       | 1:40.81   |
| 19 Watauga         |       | 1:41.56   |
| 20 Hopewell        |       | 1:41.78   |
| 21 Porter Ridge    |       | 1:42.59   |
| 22 Char Catholic   |       | 1:44.09   |
| 23 South Caldwell  |       | 1:46.42   |
| 24 South Iredell   |       | 1:49.43   |

**Event 19 Women 100 Yard Backstroke**

| Name                | Yr | School        | Seed Time |
|---------------------|----|---------------|-----------|
| 1 Kiley Wilhelm     | SR | Myers Park    | 55.17     |
| 2 Kayman Neal       | JR | Myers Park    | 55.77     |
| 3 Alyssa Claborn    | SO | Lake Norman   | 56.37     |
| 4 Molly Donlan      | SR | South Meck    | 56.74     |
| 5 Aubrey Hull       |    | Ardrey Kell   | 57.55     |
| 6 Lauren Patterson  | JR | Watauga       | 58.10     |
| 7 Avery Vassil      | SO | Marvin Ridge  | 58.50     |
| 8 Maeve Keating     |    | Hough         | 58.93     |
| 9 Shaelyn Shields   | SO | Providence    | 59.10     |
| 10 Carly VanNote    | JR | Marvin Ridge  | 59.43     |
| 11 Alexandra Davis  | JR | Cuthbertson   | 59.56     |
| 12 Ella Krampert    | JR | South Iredell | 59.62     |
| 13 Julia Pou        | FR | Myers Park    | 59.64     |
| 14 Emmaline Reddick | FR | South Meck    | 59.69     |
| 15 Abby Bocian      |    | Ardrey Kell   | 59.87     |
| 16 Lauren Bernardo  | JR | Char Catholic | 59.99     |
| 17 Chloi Harper     |    | Hough         | 1:00.69   |
| 18 Isabella Wilhelm | SO | Providence    | 1:00.73   |
| 19 Sophia Pero      | FR | Hopewell      | 1:01.36   |
| 20 Allison Repella  | JR | Myers Park    | 1:01.40   |
| 21 Maggie Cheves    | SO | Watauga       | 1:01.48   |
| 22 Meera Kondal     | SO | TC Roberson   | 1:01.51   |
| 23 Sophia Sidler    |    | Ardrey Kell   | 1:01.65   |
| 24 CJ Bernado       | FR | Char Catholic | 1:01.66   |

**Event 20 Men 100 Yard Backstroke**

| Name                    | Yr | School        | Seed Time |
|-------------------------|----|---------------|-----------|
| 1 Christopher Aristondo | JR | South Meck    | 52.40     |
| 2 Charles Heisig        | JR | Marvin Ridge  | 52.65     |
| 3 Maksym Nechydyuk      |    | Ardrey Kell   | 52.98     |
| 4 Tobias Winardi        | SO | Marvin Ridge  | 53.29     |
| 5 Quinn O'Mara          | SO | Marvin Ridge  | 54.39     |
| 6 Nikita Shulgin        |    | Hough         | 55.29     |
| 7 Brendan Taylor        | JR | Weddington    | 55.44     |
| 8 Constantine Gaskey    | JR | West Cabarrus | 55.91     |
| 9 Tyler Dugan           | FR | Char Catholic | 56.15     |
| 10 Gino Prabhu          | FR | Providence    | 56.30     |
| 11 Rak Kelly            | SO | Cuthbertson   | 56.50     |
| 12 Joshua Rosenbloom    | SR | Providence    | 56.51     |
| 13 Reid Kendall         | SO | Providence    | 57.15     |
| 14 Armaan Dabhade       |    | Ardrey Kell   | 57.19     |
| 15 Wyatt Herger         | SO | Hopewell      | 57.24     |
| 16 Gavin Patterson      | SR | TC Roberson   | 57.82     |
| 17 Jake Zhou            |    | Ardrey Kell   | 58.14     |
| 18 Nathan Hohnbaum      | SO | Myers Park    | 58.69     |
| 19 Liam Akins           | JR | South Meck    | 59.40     |
| 20 Colton McBryde       | FR | Marvin Ridge  | 59.59     |
| 21 Tokugen Drake        | FR | Providence    | 59.65     |
| 22 Indiana Clark        | FR | Butler        | 59.77     |
| 23 Devon Arnone         | JR | Cox Mill      | 59.90     |
| 24 Kenan Stoup          | SR | Lake Norman   | 59.99     |

**2023 4A West NCHSAA Regional Championships - 2/3/2023 to 2/4/2023****Host: Marvin Ridge HS****Swimming & Diving****Psych Sheet - Final****Event 21 Women 100 Yard Breaststroke**

| Name                    | Yr | School        | Seed Time |
|-------------------------|----|---------------|-----------|
| 1 Avery Klamfoth        | FR | Myers Park    | 1:03.92   |
| 2 Grace Rainey          |    | Hough         | 1:04.01   |
| 3 Abby Druhan           | JR | Char Catholic | 1:06.16   |
| 4 Kathryn Kern          | FR | Char Catholic | 1:06.22   |
| 5 Sydney Sanders        | SR | Char Catholic | 1:06.28   |
| 6 Sarah Henderson       | FR | Hopewell      | 1:06.64   |
| 7 Sofia Plaza           | JR | Myers Park    | 1:06.65   |
| 8 Meredith Benton       | SR | Marvin Ridge  | 1:07.27   |
| 9 Sawyer Carlson        | FR | Providence    | 1:07.45   |
| 10 Macie McCarter       | FR | Marvin Ridge  | 1:07.53   |
| 11 Taylor Hall          | FR | Hopewell      | 1:07.61   |
| 12 Eliza Wallace        |    | Ardrey Kell   | 1:07.62   |
| 13 Morgan Knox          | FR | Marvin Ridge  | 1:07.93   |
| 14 Katie Kudela         | SR | Weddington    | 1:08.03   |
| 15 Sophia Bellissimo    | SO | Lake Norman   | 1:08.19   |
| 16 Ella Chin            | JR | Marvin Ridge  | 1:08.26   |
| 17 Grace Tuchi          | JR | Myers Park    | 1:08.52   |
| 18 Caroline Largen      | SO | South Meck    | 1:08.74   |
| 19 Makena Briggs        | SR | South Meck    | 1:08.90   |
| 20 Katia Titoura        | SR | Providence    | 1:09.91   |
| 21 Katelyn Cromar       | FR | Providence    | 1:10.21   |
| 22 Natalie Madrzykowski |    | Ardrey Kell   | 1:10.58   |
| 23 Sofia Diaz           | JR | Providence    | 1:11.24   |
| 24 Maddie Light         |    | Ardrey Kell   | 1:11.71   |

**Event 22 Men 100 Yard Breaststroke**

| Name                 | Yr | School           | Seed Time |
|----------------------|----|------------------|-----------|
| 1 Ben Delmar         | SR | Providence       | 57.61     |
| 2 Jordan Willis      | SO | Marvin Ridge     | 58.33     |
| 3 Greg Kisshauer     | SR | East Mecklenburg | 58.76     |
| 4 Bryan Bucci        | SO | Myers Park       | 1:00.19   |
| 5 Gavin McCarter     | JR | Marvin Ridge     | 1:00.21   |
| 6 Nicholas Chow      | SR | Myers Park       | 1:00.23   |
| 7 Hayden Stallings   | SR | Providence       | 1:00.45   |
| 8 Isaac Holtham      |    | Ardrey Kell      | 1:01.17   |
| 9 Tyler Ligi         | JR | Hickory Ridge    | 1:01.61   |
| 10 Jake Delehanty    | JR | Marvin Ridge     | 1:01.72   |
| 11 Jack Gessner      | JR | Providence       | 1:02.10   |
| 12 Trevor O'Sullivan | SO | Cuthbertson      | 1:02.50   |
| 13 Kyle Agnone       | SR | South Meck       | 1:03.22   |
| 14 Ryan Bambrick     | SR | Char Catholic    | 1:03.30   |
| 15 Luke Branscom     |    | Ardrey Kell      | 1:03.40   |
| 16 Jackson Sterka    | SR | West Cabarrus    | 1:03.76   |
| 17 Will Sinclair     | SR | Lake Norman      | 1:04.12   |
| 18 Andrii Polotov    | JR | Cox Mill         | 1:04.17   |
| 19 Richard Tang      |    | Ardrey Kell      | 1:04.47   |
| 20 Adan Bocian       |    | Ardrey Kell      | 1:04.96   |
| 21 Avery Annas       |    | South Caldwell   | 1:05.04   |
| 22 Liam Aleman       | JR | TC Roberson      | 1:05.15   |
| 23 Jacob Navarro     |    | Hough            | 1:05.55   |
| 24 Edward Anton      |    | Lake Norman      | 1:05.67   |

**Event 23 Women 400 Yard Freestyle Relay**

| Team             | Relay | Seed Time |
|------------------|-------|-----------|
| 1 Providence     |       | 3:38.07   |
| 2 Cuthbertson    |       | 3:38.41   |
| 3 Char Catholic  |       | 3:38.76   |
| 4 Marvin Ridge   |       | 3:38.94   |
| 5 Myers Park     |       | 3:39.24   |
| 6 Ardrey Kell    |       | 3:41.37   |
| 7 South Meck     |       | 3:42.80   |
| 8 Weddington     |       | 3:43.27   |
| 9 Hough          |       | 3:43.82   |
| 10 Lake Norman   |       | 3:48.42   |
| 11 Cox Mill      |       | 3:49.13   |
| 12 Hopewell      |       | 3:54.49   |
| 13 TC Roberson   |       | 3:54.69   |
| 14 Asheville     |       | 3:56.37   |
| 15 Sun Valley    |       | 3:56.57   |
| 16 Watauga       |       | 3:58.76   |
| 17 Porter Ridge  |       | 4:03.47   |
| 18 Butler        |       | 4:07.05   |
| 19 West Cabarrus |       | 4:08.53   |
| 20 Hickory Ridge |       | 4:09.54   |
| 21 Piedmont      |       | 4:10.83   |
| 22 South Iredell |       | 4:11.84   |
| 23 AC Reynolds   |       | 4:15.04   |
| 24 Palisades     |       | 4:16.60   |

**Event 24 Men 400 Yard Freestyle Relay**

| Team                | Relay | Seed Time |
|---------------------|-------|-----------|
| 1 Marvin Ridge      |       | 3:14.38   |
| 2 Providence        |       | 3:17.20   |
| 3 Hickory Ridge     |       | 3:17.28   |
| 4 Ardrey Kell       |       | 3:19.46   |
| 5 Myers Park        |       | 3:19.64   |
| 6 Cox Mill          |       | 3:20.49   |
| 7 South Meck        |       | 3:20.96   |
| 8 Cuthbertson       |       | 3:21.78   |
| 9 Weddington        |       | 3:23.47   |
| 10 Hough            |       | 3:24.19   |
| 11 Char Catholic    |       | 3:33.61   |
| 12 TC Roberson      |       | 3:38.86   |
| 13 Asheville        |       | 3:38.93   |
| 14 Hopewell         |       | 3:39.61   |
| 15 Butler           |       | 3:43.26   |
| 16 Watauga          |       | 3:43.53   |
| 17 North Meck       |       | 3:45.32   |
| 18 Porter Ridge     |       | 3:46.84   |
| 19 Palisades        |       | 3:48.35   |
| 20 AC Reynolds      |       | 3:49.75   |
| 21 South Caldwell   |       | 3:51.75   |
| 22 West Cabarrus    |       | 3:52.76   |
| 23 East Mecklenburg |       | 3:57.39   |
| 24 Lake Norman      |       | 4:07.51   |