

2019 Wisconsin Swimming  
13 & Over LONG Course State  
Championships  
Thursday-Sunday, August 1-4<sup>th</sup>, 2019

**THURSDAY SCHEDULE OF EVENTS**

THURSDAY AM – PRELIMS		
3	13-14 200 Medley Relay	4
5	Senior 200 Medley Relay	6
7	13-14 200 IM	8
9	Senior 200 IM	10
11	13-14 200 FLY	12
13	Senior 200 FLY	14
15	13-14 50 FREE\$	16
17	Senior 50 FREE\$	18
1	13-Over 800 FREE*	
	13-Over 1500 FREE*	2

\*Timed Finals with Top Heat of Swimmers with ages combined competing in Finals. Slower heats will run **FAST TO SLOW** with ages combined.

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.

THURSDAY PM – FINALS		
1	13-Over 800 FREE**	
	13-Over 1500 FREE**	2
7	13-14 200 IM	8
9	Senior 200 IM	10
<b>20-minute Break</b>		
11	13-14 200 FLY	12
13	Senior 200 FLY	14
15	13-14 50 FREE\$	16
17	Senior 50 FREE\$	18
<b>20-minute Break</b>		
19	13-14 400 FREE RELAYS+	20

\*\*Top Finals Heat of Swimmers with ages combined.

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.

+All heats swum **SLOW TO FAST**

**FRIDAY SCHEDULE OF EVENTS**

FRIDAY AM – PRELIMS		
21	13-14 200 FREE	22
23	Senior 200 FREE	24
25	13-14 400 IM*	26
27	Senior 400 IM*	28
29	13-14 100 FLY\$	30
31	Senior 100 FLY\$	32
33	13-14 100 BREAST	34
35	Senior 100 BREAST	36

\*Timed Finals with Top Heat of 13-14 Swimmers and Top 2 Heats of Seniors with each age/gender will swim in finals. Prelim heats will swim **SLOW TO FAST**.

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.

FRIDAY PM – FINALS		
21	13-14 200 FREE	22
23	Senior 200 FREE	24
25	13-14 400 IM*	26
27	Senior 400 IM**	28
<b>20-Minute Break</b>		
29	13-14 100 FLY\$	30
31	Senior 100 FLY\$	32
33	13-14 100 BREAST	34
35	Senior 100 BREAST	36
<b>20-minute Break</b>		
37	SENIOR 400 FREE RELAY+	38

\*Top 13-14 Heat of swimmers by gender will swim in Finals.

\*\*Top 2 Senior Heats of swimmers by gender will swim in Finals.

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.

+All heats swum **SLOW TO FAST**

## SATURDAY SCHEDULE OF EVENTS

SATURDAY AM - PRELIMS		
43	13-14 400 FREE\$*	44
45	Senior 400 FREE\$*	46
47	13-14 200 BACK	48
49	Senior 200 BACK	50
<b>20-Minute Break</b>		
51	13-14 800 FREE RELAY!	52
53	Senior 800 FREE RELAY!	54

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.  
 \*Top 13-14 Heat and Top 2 Senior Heats will swim in Finals. Prelim heats will swim **SLOW TO FAST**.  
 !Top Heat of each age group/gender will swim in finals. Prelim heats will swim **FAST TO SLOW**.

SATURDAY PM - FINALS		
39	13-14 200 FREE RELAY	40
41	Senior 200 FREE RELAY	42
<b>10-Minute Break</b>		
43	13-14 400 FREE\$*	44
45	Senior 400 FREE\$*	46
<b>10-Minute Break</b>		
47	13-14 200 BACK	48
49	Senior 200 BACK	50
<b>20-Minute Break</b>		
51	13-14 800 FREE RELAY!	52
53	Senior 800 FREE RELAY!	54

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.  
 \*Top 13-14 and Top 2 Senior Heats.  
 !Top Finals Heat.

## SUNDAY SCHEDULE OF EVENTS

SUNDAY AM – PRELIMS		
57	13-14 100 BACK	58
59	Senior 100 BACK	60
61	13-14 200 BREAST	62
63	Senior 200 BREAST	64
65	13-14 100 FREE\$	66
67	Senior 100 FREE\$	68
<b>20-Minute Break</b>		
69	13-14 400 MEDLEY RELAY#	70
71	SR 400 MEDLEY RELAY#	72
<b>20-Minute Break</b>		
55	13-Over 1500 FREE*	
	13-Over 800 FREE*	56

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.  
 #Timed Finals with Top Heat of 13-14 Relay and Top 2 Heats of Senior Relays to compete in Finals. Slower heats will run **SLOW TO FAST**.  
 \*Timed Finals with Top Heat of Swimmers with ages combined competing in Finals. Slower heats will run **FAST TO SLOW** with ages combined.

SUNDAY PM – FINALS		
55	13-Over 1500 FREE*	
	13-Over 800 FREE*	56
57	13-14 100 BACK	58
59	Senior 100 BACK	60
<b>20-Minute Break</b>		
61	13-14 200 BREAST	62
63	Senior 200 BREAST	64
65	13-14 100 FREE\$	66
67	Senior 100 FREE\$	68
<b>20-Minute Break</b>		
69	13-14 400 MEDLEY RELAY#	70
71	SR 400 MEDLEY RELAY#	72

\$Designated Disability event for athletes with a disability to include a Final Heat, Award and Scoring.  
 #Timed Finals with Top Heat of 13-14 Relay and Top 2 Heats of Senior Relays to compete in Finals.