



**2022 AGE GROUP  
SWIMMING CHAMPIONSHIPS  
SUMMONS**

**JUNE 2 - 5, 2022  
TRINIDAD & TOBAGO**



**FLUIDRA**

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## GENERAL INFORMATION

PanAm Aquatics cordial invites all affiliated National Federations to participate in the **PanAm Age Group Swimming Championship**, hosted by the Amateur Swimming Association of Trinidad and Tobago at the National Aquatic Centre, central of Balmain, Couva, June 2<sup>nd</sup> - 5<sup>th</sup> 2022.

## THE NATIONAL AQUATIC CENTRE OF TRINIDAD AND TOBAGO

The National Aquatic Centre of Trinidad & Tobago which opened on September 30<sup>th</sup>, 2016, features one (1) 50m indoor Myrtha pool ten lanes, one (1) 50m Outdoor pool ten-lanes, a 25m diving pool with a dryland training area.

- 10 lanes - 50 meters Myrtha Pools
  - indoor pool depth of 3 meters
  - outdoor pool depth of 2 meters
- Starting blocks: Myrtha
- Starting block top wedges: Myrtha
- Backstroke starting ledges: Myrtha
- Timing system: Swiss Timing
- Scoreboard: Swiss Timing
- Meet Management software: Hytek

## COMPETITION PROGRAM AND KEY DATES

### Wednesday, June 1<sup>st</sup>

Arrival of Teams

Team Training available 08:30 - 18:00

Technical Meeting – 19:00

### Thursday, June 2<sup>nd</sup> – Day 1 Competition

Team Training Available: 08:30 –12:00

Warm-Up: 14:00 - 15:45

Start of Competition: 16:00

Opening Ceremony: 18:00

### Friday, June 3<sup>rd</sup> – Day 2 Competition

Warm-Up: 8:30 AM – 10:15 AM

Start of Competition: 10:30 AM

### Saturday, June 4<sup>th</sup> - Day 3 Competition

Warm-Up: 8:30 AM-10:15 AM

Start of Competition: 10:30 AM

### Sunday, June 5<sup>th</sup> - Day 4 Competition

Warm-Up: 8:30 AM-10:15 AM

Start of Competition: 10:30 AM

Closing Remarks & Presentation of High Point Trophies



## COMPETITION RULES

The competition will be conducted in accordance with FINA Rules 2017-2021 in force at the start of the competition

### Eligibility

All participating Federations must be in good standing with FINA and all other affiliated members.

**ALL ATHLETES, TEAM OFFICIALS AND TECHNICAL OFFICIALS OF REPRESENTING COUNTRIES MUST BE FULLY VACCINATED TO BE ELIGIBLE TO PARTICIPATE**

Competitors who will be representing their countries must meet the following requirements:

- Demonstrate their age with proof such as what is seen on the birth certificate or Passport.
- The competitor must be a citizen, whether through birth or naturalization, of the country being represented, according to the GR-2.5 Rule of FINA.
- Additionally, non-citizens may be entered provided the competitor has been resident in the country for one year before the entry deadline and must not have swum for another Country during that period. All competitors must be registered with, or a member of, the country's swimming federation they represent.  
Competitors who are non-citizens are required to present 'proof of residency documents, which could be proof of club membership, proof of attendance at school or any other organization.
- The swimmer's age shall determine the swimmers' age group as of midnight, December 31st, 2021. Competitors shall compete in the following age groups:  
11-12: Female and male-athletes born in the years 2010 and 2009 are eligible to compete  
13-14: Female and male-athletes born in the years 2008 & 2007 are eligible to compete  
15-17: Female and male-athletes born in the years 2006, 2005, 2004 are eligible to compete

### Registration & Entries

- Each National Federation will be limited to a maximum of 6 swimmers per age group, male and female, totaling a maximum of 36 swimmers overall. There is no limit to the number of events per swimmer.
- Except in relays, no substitutions or alternates will be accepted after submitting the final entries.
- All relay participants must have been entered in the meet. No competitor will be allowed to participate in an age group outside of their age group.
- In the relays, each country must enter four competitors. The order of swimmers in each relay must be submitted to the Clerk of Course one hour before the start of each day's proceedings.
- All events are timed finals.



- The pool will be open 90 minutes before each session for warm-ups.
- The warm-up routine will be an open lane format with sprinting taking place in lanes 1 and 8, beginning 30 minutes before the end of the warm-up period. Pace laps will take place in lanes 0 and 9.
- Swimmers must report to the Clerk of Course and be in the swimmers' waiting area at least three heats before the heat or event in which he/she is entered.

### Preliminary Entries

The attached forms must submit preliminary entries or intention to participate in Pan Am Aquatics by **March 18th, 2022**. Preliminary entries must indicate the number of swimmers – male and female – in each age group.

### Final Entries

Final entries must be submitted to **Pan Am Aquatics** by **May 1<sup>st</sup>, 2022** using HYTEK software. The **Pan Am Aquatics** TSC will issue a Hytek "Meet events" file immediately after receiving the preliminary entries. Final entries must include the following details

- a. All entries must be accompanied with an entry time
- b. Name of team Officials and the position held by each official
- c. Details of arrival and departure of all athletes, team and meet officials (see attached form).
- d. Despite entry submission in electronic format, of Team or Meet Manager's printout, signed by the President or General Secretary of the Federation with the Association's stamp affixed must be emailed to the Organizing Committee, by the **deadline date Sunday, May 1<sup>st</sup> 2022**.

The psych sheet will be posted on the **Pan Am Aquatic** website by May 20th, 2022.

### Time Trials

Time trials will be offered at the end of each session in the events not listed in the meet programme. For athletes entered in the meet, time trial entries must be submitted each day one hour before the start of each session to the Meet Referee. Due to time constraints, time trials will only be offered to swimmers in the 15-17 age group, meaning athletes born in 2004, 2005 & 2006. An athlete may only participate in one time trial per day. Athletes will be required to provide their lap counter assistant as necessary.

### Distance Seeding

The 400, 800 and 1500 meter Freestyle and 400 meter Individual Medley events will be seeded with the fastest eight swimmers in each age group seeded together by age group. Followed by all remaining swimmers seeded fastest to slowest with all age groups combined to swim the event. Results will be separated and scored by age group.





## AWARDS AND SCORING

### Scoring

First place	- 9 points
Second place	- 7 points
Third place	- 6 points
Fourth place	- 5 points
Fifth place	- 4 points
Sixth place	- 3 points
Seventh place	- 2 points
Eight place	-1 point

**Relays will score double points.**

### Medals

Medals will be awarded to the first three swimmers in each event. There will be no formal medal presentation ceremony, as time will not permit this. Medals will be available for pickup shortly after the event's conclusion or at the end of the day's proceedings. A commemorative backdrop will be available where swimmers may have photographs taken with their awards.

### High Point Awards

- **Individual High Point Award**--A high point award will be presented to one swimmer in each age group (female & male) based on the number of points scored in their events. The presentation will take place at the end of the meet.
- **National Federation Point Award**--A National Federation high point award will be presented to the National Federation winner in each age group (female & male) based on the total number of points scored by adding individual and relay points. The presentation will take place at the end of the meet.
- **Pan Am Aquatics Zone Award**--The 2022 **Pan Am Aquatics** Zone Award will be determined by adding the scoring of National Federations from each ZONE in individual and relay events. There will be two awards presented--CCCAN vs CONSANANT and USA vs CAN, and the presentation will occur at the end of the meet.

### Certificate of Participation

All competitors shall receive a certificate in recognition of their participation.



## TECHNICAL OFFICIALS

Qualified individuals may apply to Pan Am Aquatics to act as Technical Officials in swimming. All technical officials are expected to cover their travel and accommodation expenses.

An application form be completed by the Technical Official and sent to the email address of the PAQ Technical Swimming Committee chair, Jay Thomas: [jaythomas@gmail.com](mailto:jaythomas@gmail.com)

### Team Officials

- Delegations with twelve (12) competitors or less – three (3) team officials
- Delegations with thirteen (13) to twenty-four (24) – five (5) team officials
- Delegations with twenty-Five (25) to thirty-six (36) – seven (7) team officials

### Technical Meeting

A Technical Meeting will be held on Thursday, June 02<sup>nd</sup> at 7:00 PM at the National Aquatic Centre to consider the following:

1. Scratches
2. General discussion on the Competition
3. Answer queries
4. Covid-19 Protocols

## DOPING CONTROL

During the competition, anti-doping control tests may be conducted, according to the control rules established by FINA.

## PROTESTS

Protests will be resolved under FINA Rule GR 9.2.

Protests must be submitted to the Referee in writing by the team leader, with a deposit of US\$100, within 30 minutes following the conclusion of the respective event.

All protests will be considered by the Referee.

The commission will consider appeals against decisions by the Referee and give recommendations to the jury of appeal, whose decision will be final.

## JURY OF APPEAL

For the Championships, the Jury of Appeal shall consist of a minimum of three persons and will be comprised of PANAM Aquatics Executive Committee and PANAM Aquatics Honorary Members present and the FINA Delegate (if present) with the PANAM Aquatics President or in his or her absence a PANAM Aquatics Vice-President and/or PANAM Aquatics Executive Liaison for Swimming as chairman.



A jury member will be allowed to speak, but not to vote, on a case in which the interest of his/her PANAM Aquatics Federation is involved. Technical Officials and Judges for Swimming shall not be entitled to form part of the jury.

In case of urgency, the jury may vote on a matter even if it has not been possible to contact all members.

The decision of the jury will be final.

## MEDICAL INSURANCE

Medical insurance is the responsibility of each athlete, coach, official, supporter, and National Federation, representative. Neither **Pan Am Aquatics**, FINA, nor the host nation assumes any responsibility for the medical attention of the participants.

## HOTEL OPTIONS FOR NATIONAL FEDERATIONS, PARENTS, AND SUPPORTERS

The **Pan Am Aquatics** Package for athletes, coaches, support staff, international technical officials, and National Federation leaders include the following benefits:

- Shuttle transportation from the **Piarco International Airport** to the hotel and return to the **Piarco International Airport**.
- Bus or Minibus transportation from the official hotel to and from the National Aquatic Centre
- Breakfast, lunch, and dinner at the official hotel.
- This package is valid from dinner on June 01<sup>st</sup> through breakfast on June 6<sup>th</sup> (5 days).

### **Pan Am Aquatics** Package cost:

- US\$ 125.00 per night per member based on four (4) persons in a room or such a number as determined by the male/female ratio and a total number of persons in the delegation.
- If a Federation makes a specific request for accommodation other than four persons per room, the following rates will apply:

Triple occupancy	US\$ 140.00USD per person per night
Double occupancy	US\$ 165.00USD per person per night
Single occupancy	US\$ 250.00USD per person per night





## IMPORTANT REGISTRATION DATES:

- The preliminary deadline to register is March 18<sup>th</sup>, 2022; after this date, any federation that has not confirmed its intent to register for the Pan Am Aquatics package will no longer be able to receive the benefits of the package.
- The final reservation for the package is March 29<sup>th</sup>, 2022; after this date, any federation that has registered but has not confirmed its number of hotel rooms will not be able to receive the benefits of the package.
- Final payment must be received by April 29<sup>th</sup>, 2022; after this date, any federation that has not submitted its payment will no longer be able to receive the benefits of the package.

## Meet Fees:

- Swimming entry fee:  
US\$ 5.00 per individual per event  
US\$ 15.00 per relay per event
- Aquatic Centre Surcharge fee: US\$ 40.00 per swimmer
- Time Trial Fee: US\$ 10.00 per race per swimmer

## Bank Details:

Please send your payments to:

Intermediary Bank:	Wells Fargo Bank N.A. Philadelphia, Pennsylvania
Swift Code:	PNBPUS33PHL/ABA026005092
Beneficiary Bank:	First Citizens Bank
Swift Code:	FCTTTTTPS
Address:	44-46 Maraval Road, Port of Spain
Beneficiary Account:	# 934539
Beneficiary:	Amateur Swimming Association of T & T National Aquatic Centre, Balmain, Couva



## ORDER OF EVENTS

**THURSDAY, JUNE 02<sup>nd</sup>, 2022**

**WARM-UP: 14:00 -15:45, COMPETITION: 16:00**

Event #	Age Group	Event
1-2	13-14	800 Meter Freestyle ##
3-4	15-17	800 Meter Freestyle ##
20 Minute Break		
5-6	13-14	4 x 200 Meter Freestyle Relay
7-8	15-17	4 x 200 Meter Freestyle Relay
	Opening Ceremony	

**FRIDAY, JUNE 03<sup>rd</sup>, 2022**

**WARM-UP: 8:30 -10:15, COMPETITION: 10:30**

Event #	Age Group	Event
9-10	11-12	200 Meter Individual Medley
11-12	13-14	200 Meter Individual Medley
13-14	15-17	200 Meter Individual Medley
15-16	11-12	50 Meter Freestyle
17-18	13-14	50 Meter Freestyle
19-20	15-17	50 Meter Freestyle
21-22	11-12	400 Meter Freestyle ##
23-24	13-14	400 Meter Freestyle ##
25-26	15-17	400 Meter Freestyle ##
20 Minute Break		
27-28	11-12	4 X 50 Meter Medley Relay
29-30	13-14	4 X 50 Meter Medley Relay
31-32	15-17	4 X 50 Meter Medley Relay

**SATURDAY, JUNE 4<sup>th</sup>, 2022**

**WARM-UP: 8:30 -10:00, COMPETITION: 10:30**

Event #	Age Group	Event
33-34	11-12	100 Meter Butterfly
35-36	13-14	100 Meter Butterfly
37-38	15-17	100 Meter Butterfly
39-40	11-12	50 Meter Breaststroke
41-42	13-14	50 Meter Breaststroke
43-44	15-17	50 Meter Breaststroke
45-46	11-12	200 Meter Freestyle



... CONTINUE SATURDAY JUNE 4

Event #	Age Group	Event
47-48	13-14	200 Meter Freestyle
49-50	15-17	200 Meter Freestyle
51-52	11-12	100 Meter Backstroke
53-54	13-14	100 Meter Backstroke
55-56	15-17	100 Meter Backstroke
57-58	13-14	400 Meter Individual Medley
59-60	15-17	400 Meter Individual Medley
20 Minute Break		
61-62	11-12	4 X 50 Meter Freestyle Relay
63-64	13-14	4 X 100 Meter Freestyle Relay
65-66	15-17	4 X 100 Meter Freestyle Relay

### SUNDAY, JUNE 05<sup>th</sup>, 2022

WARM-UP: 8:30 -10:15, COMPETITION: 10:30

Event #	Age Group	Event
67-68	13-14	1500 Meter Freestyle ##
69-70	15-17	1500 Meter Freestyle ##
71-72	11-12	50 Meter Backstroke
73-74	13-14	50 Meter Backstroke
75-76	15-17	50 Meter Backstroke
77-78	11-12	100 Meter Freestyle
79-80	13-14	100 Meter Freestyle
81-82	15-17	100 Meter Freestyle
83-84	11-12	100 Meter Breaststroke
85-86	13-14	100 Meter Breaststroke
87-88	15-17	100 Meter Breaststroke
89-90	11-12	50 Meter Butterfly
91-92	13-14	50 Meter Butterfly
93-94	15-17	50 Meter Butterfly
20 Minute Break		
95	11-12	4 X 50 Meter Mixed Freestyle Relay
96	13-14	4 X 50 Meter Mixed Freestyle Relay
97	15-17	4 X 50 Meter Mixed Freestyle Relay

## the 400 Meter Freestyle, 800 Meter Freestyle, 1500 Meter Freestyle, and the 400 Meter Individual Medley will be swum with all ages seeded together – multi-age group super-seeded. The heats will be swum slowest to fastest alternating women than men. Multi age group superseeding means that the fastest 8 swimmers in each age group will be swum together in a heat and the remaining swimmers will be seated by time without regard to ages. After all heats are complete the results will be ranked and scored by age group.





## PRELIMINARY ENTRY FORM

### 2022 PAN AM AQUATICS AGE GROUP SWIMMING CHAMPIONSHIPS TRINIDAD & TOBAGO

Please submit to [adm.asatt@gmail.com](mailto:adm.asatt@gmail.com) and [dekorke@gmail.com](mailto:dekorke@gmail.com) by **March 18, 2022**

National Federation:	
Name:	
Position (within the NF):	
Cell # (incl. country code):	
Name of coach (for entries and technical matters):	
Team coach e-mail address:	
Team coach cell # (with country code):	
Name of NF contact for logistics: (Flights, accommodations, transportation)	
NF contact e-mail address:	
NF contact cell # (with country code):	

As of \_\_\_\_\_, our delegation is estimated to comprise the following:

Category	11-12	13-14	15-17	Technical officials	Team officials	Coaches	Total
Female							
Male							
Total							

If Your NF intends to participate in the PANAM Aquatics package:

Intended team arrival date:	
Intended team departure date:	
Preferred hotel:	
Estimated number of hotel rooms needed:	





## TECHNICAL OFFICIALS FORM

### 2022 PAN AM AQUATICS AGE GROUP SWIMMING CHAMPIONSHIPS TRINIDAD & TOBAGO

Please submit to [jayfthomas@gmail.com](mailto:jayfthomas@gmail.com) by April 31, 2022

National Federation:	
Name:	
Full address (including country)	
Cell # (incl. country code):	
Position to fill:	

Have you served as a technical official during the past for years? YES ☐ NO ☐

If your answer is YES, list meets/events:

Event name	Date	Location	National or International event

Current position as Technical Official:

National: \_\_\_\_\_ PanAm List #: \_\_\_\_\_ FINA List #: \_\_\_\_\_

Technical Official Signature: \_\_\_\_\_

This form must be signed by the President or Secretary of the National Federation:

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

**NOTE: Team officials may not act as Technical Officials**

