

2022 1A&2A East NCHSAA Regional Championships - 2/3/2022 to 2/4/2022**Host: Cumberland County Schools****Swimming & Diving****Psych Sheet****Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time
1 Raleigh Charter		2:01.98
2 Voyager Academy		2:04.17
3 NCSSM		2:07.21
4 Res. Triangle		2:10.65
5 Franklin Academy		2:11.50
6 Eno River		2:14.81
7 Nash Central		2:17.54
8 Camden County		2:22.94
9 East Carteret		2:23.79
10 Perquimans		2:23.93
11 Manteo		2:24.88
12 SW Edgecombe		2:27.95
13 Clinton		2:28.34
14 Goldsboro		2:28.48
15 Pasquotank		2:31.05
16 Washington		2:32.73
17 Rosewood		2:33.29
18 Roanoke Rapids		2:35.85
19 Vance Charter		2:36.00
20 Oxford Prep		2:38.98
21 Holmes		2:51.13
22 Bunn		2:57.86
23 Northeastern		3:00.30

Event 2 Men 200 Yard Medley Relay

Team	Relay	Seed Time
1 Raleigh Charter		1:45.09
2 NCSSM		1:46.42
3 Roanoke Rapids		1:53.63
4 Eno River		1:54.27
5 Nash Central		1:57.51
6 Res. Triangle		1:58.90
7 Washington		2:01.46
8 East Carteret		2:03.88
9 Franklin Academy		2:07.11
10 NE Carolina Prep		2:07.39
11 Pasquotank		2:10.82
12 Manteo		2:11.32
13 Clinton		2:13.13
14 Camden County		2:23.18
15 Perquimans		2:43.73

Event 3 Women 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Emilie Phillips	FR	Franklin Academy	2:02.00
2 Gwyn Benkusky		Manteo	2:07.78
3 Anneliese Pinnell	SO	Eno River	2:09.83
4 Gabby Harper		Rosewood	2:10.74
5 Lucia Tuinstra	SO	Raleigh Charter	2:18.32
6 Lilly Barron	JR	Res. Triangle	2:19.47
7 Eloise Leonard	FR	Voyager Academy	2:25.97
8 Sadie Owens	JR	NE Carolina Prep	2:26.67
9 Katelyn Elliott	SO	Voyager Academy	2:28.47
10 Jaila Manuel	SR	Pasquotank	2:31.20
11 Kat Folger	FR	Oxford Prep	2:33.00
12 Sylvia Buchanan	SO	Raleigh Charter	2:34.76
13 Cally Salvador	JR	NCSSM	2:35.76
14 Bailey Wheeler	FR	Raleigh Charter	2:42.22
15 Tia Royal	SR	Camden County	2:48.86
16 Caroline O'Neal		Manteo	2:50.18
17 Hailey Bass		Perquimans	2:50.41
18 Katie Harris	JR	Franklin Academy	2:51.71
19 Carson Crane		Rosewood	2:53.47
20 Cameron Neal	SR	Roanoke Rapids	2:54.33
21 Allie O'Leary		Nash Central	2:54.58
22 Christina Lancaster		Goldsboro	2:54.61

Event 4 Men 200 Yard Freestyle

Name	Yr	School	Seed Time
1 Owen Ragsdale	SR	Raleigh Charter	1:51.63
2 Jonathan Liang	JR	NCSSM	1:54.68
3 Ryan Agan		Nash Central	1:59.80
4 Eric Sullivan	JR	NCSSM	2:02.00
5 Ty Cole	SO	Southside	2:06.49
6 Reagan Taylor		Roanoke Rapids	2:07.30
7 Mason Overby	SR	Eno River	2:08.30
8 Damien Wozniak	JR	NCSSM	2:10.10
9 Carlos Diaz	SO	Eastern Wayne	2:10.52
10 Patrick Raynor	SR	Vance Charter	2:10.97
11 Gabriel Curtis	JR	Raleigh Charter	2:13.50
12 David Barr	SR	Eno River	2:20.68
13 Colton King	JR	NCSSM	2:22.73
14 Thomas Healey	FR	Raleigh Charter	2:24.35
15 Eli Williford	SO	Franklin Academy	2:24.62
16 Darrell Miller	JR	Camden County	2:24.72
17 Anshuman Battula	JR	Res. Triangle	2:36.34
18 Brandall Coggins	JR	Roanoke Rapids	2:36.83

2022 1A&2A East NCHSAA Regional Championships - 2/3/2022 to 2/4/2022**Host: Cumberland County Schools****Swimming & Diving****Psych Sheet****Event 5 Women 200 Yard IM**

Name	Yr	School	Seed Time
1 Leah Simpson	SR	NCSSM	2:15.07
2 Natalie Cooper	FR	Res. Triangle	2:17.40
3 Yuhe Jing	SO	Raleigh Charter	2:31.40
4 Joliegh Connor		Perquimans	2:31.46
5 Erin Starbuck	JR	Raleigh Charter	2:44.00
6 Brianna Rivers	SR	Franklin Academy	2:47.78
7 Valerie Zamudio	JR	Franklin Academy	2:49.43
8 Lily Frank	FR	Eno River	3:01.79
9 Abby Lewis	JR	Washington	3:03.45
10 Stefanie Flores-Carias	SO	Clinton	3:04.77
11 Lilly Bullock	FR	Voyager Academy	3:05.44
12 Bailey Wheeler	FR	Raleigh Charter	3:08.22
13 Addie Maupin	SR	Eno River	3:20.45
14 Vismitha Taneti		Goldsboro	3:22.46
15 Bella Alexander		Manteo	3:23.94

Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Owen Von Weihe	SO	Raleigh Charter	2:01.64
2 Jake Deng	SR	NCSSM	2:02.71
3 Ryan Von Weihe	SR	Raleigh Charter	2:04.28
4 Lucas Wilson	SR	Raleigh Charter	2:05.50
5 Collin Overby	JR	Eno River	2:23.11
6 Jack Huo	SR	NCSSM	2:25.06
7 Peyton Matthis	JR	Clinton	2:31.49
8 Mikey Hartson		Roanoke Rapids	2:38.35
9 Logan Schiffbauer	FR	Pasquotank	2:38.95
10 Apurva Upadhyay	FR	Franklin Academy	2:40.56
11 Connor Lewis	JR	Washington	2:41.50
12 Brandall Coggins	JR	Roanoke Rapids	2:51.18
13 Cole Pullet	SO	Northeastern	3:04.94
14 Noah League	SO	SW Edgecombe	3:05.32

Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Divya Ganesan	SR	Raleigh Charter	26.31
2 Paige Strecker	SR	Camden County	26.58
3 Delta Cole	JR	Southside	26.73
4 Faith Murray	SR	Voyager Academy	26.83
5 Kylie Grace. Billups		Nash Central	27.16
6 Madeline Hart		Nash Central	28.02
7 Jolie Duquene	JR	NCSSM	28.08
8 Sadie Owens	JR	NE Carolina Prep	28.68
9 Kailen Craddock	SO	Vance Charter	28.75
10 Amelia Leonard	SR	Voyager Academy	28.76
11 Tessa Philips	SR	Raleigh Charter	29.23
12 Madison Elias	SR	NCSSM	29.41
13 Liza Gillam	FR	Camden County	29.47
14 Sage Kuehner	SO	Voyager Academy	29.48
15 Kenzy Yang	SO	Clinton	29.62
16 Emerald Dorsey		East Carteret	29.74
17 MACKENZIE Boose	SR	Camden County	29.75
18 Emma Edwards	SR	Tarboro	29.79
19 Florence Cheung	FR	Franklin Academy	29.86
20 Julia Moody	SO	Res. Triangle	29.92
21 Piper Murray	FR	Voyager Academy	30.67
22 Ghita Basurto-Covarrubias		East Carteret	30.85
23 Carlyn Hodge	FR	SW Edgecombe	31.27
24 Grace Garman		Manteo	31.92

Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Harry Stacey	JR	Raleigh Charter	23.47
2 Jack Lancaster	SR	Tarboro	23.65
3 Matthew MacNichol	JR	Roanoke Rapids	23.91
4 Alex Fink	JR	NCSSM	24.00
5 Campbell Barnes	SR	Southside	24.16
6 Ganning Xu	JR	NCSSM	24.17
7 Aidan Jean	JR	Res. Triangle	24.71
8 Ty Cole	SO	Southside	24.81
9 Jackson Lyman	SR	Res. Triangle	24.86
10 Trace Fernandez		East Carteret	25.06
11 Bridger Stewardson	FR	Vance Charter	25.11
12 Kyle Su	FR	Raleigh Charter	25.28
13 Chase Anderson	JR	NE Carolina Prep	25.30
14 Diego Evert	SR	Voyager Academy	25.33
15 Antonio Rentas Candelaria	SR	St Pauls	25.42
16 Liam Harding		East Carteret	25.44
17 Hunter Sparks	JR	Roanoke Rapids	25.55
18 Jase Westerbeek	SO	Clinton	25.67
19 Lucas Nagel	SO	Eno River	25.93
20 Layton Dupree	SR	Tarboro	25.94
21 Rudy Klauser		Manteo	26.81
22 Jackson Wilder	SR	Washington	27.03
23 Colin Johnson		Nash Central	27.17
24 Reid Gilreath		Manteo	27.79

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Name	Yr	School	
1 Mia DeStasio	SO	Raleigh Charter	147.80
2 Elizabeth Markulic	JR	Southern Wake	137.15
3 Gwendolyn Tripp	SR	NCSSM	119.25

Event 10 Men 1 mtr Diving

Name	Yr	School	
1 Donovan Sherman	JR	NCSSM	117.90

Event 11 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Mary Shanahan	SO	Eno River	58.23
2 Skylar Jones	FR	Southern Wake	1:03.25
3 Katie Hu	FR	Raleigh Charter	1:06.43
4 Yuhe Jing	SO	Raleigh Charter	1:09.29
5 Natalie Weaver	SO	Res. Triangle	1:10.09
6 Maggie Murray		East Carteret	1:11.48
7 Lucia Tuinstra	SO	Raleigh Charter	1:13.66
8 Josie Barboriak	SR	NCSSM	1:19.47
9 Cassie Pratt	SR	Franklin Academy	1:20.48
10 Liza Gillam	FR	Camden County	1:21.75
11 Clara Danforth		Nash Central	1:24.54
12 Mallory Weiss	JR	Pasquotank	1:25.28
13 Allie Pratt	JR	Franklin Academy	1:26.90
14 Bella Alexander		Manteo	1:29.42
15 Tia Royal	SR	Camden County	1:36.25
16 Avery Qualls		Roanoke Rapids	1:37.93

Event 12 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Eric Sullivan	JR	NCSSM	58.49
2 Leon Zhang	FR	Raleigh Charter	58.59
3 Jack Lancaster	SR	Tarboro	1:01.72
4 Peyton Matthis	JR	Clinton	1:01.81
5 Mason Overby	SR	Eno River	1:02.73
6 Ben Hanusik	SO	Manteo	1:04.01
7 Devin Johnson	FR	Princeton	1:07.96
8 Caleb Herring		Goldsboro	1:09.05
9 Caleb Dawes	SR	Princeton	1:11.39
10 Lucas Norman	SO	Pasquotank	1:15.18
11 Eli Britton	JR	Franklin Academy	1:25.33
12 Jordan Hunter	JR	Roanoke Rapids	1:25.88
13 Cole Paultet	SO	Northeastern	1:34.20
14 Wyatt Grundmann	FR	Camden County	1:37.58

Event 13 Women 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Ede Kosik	SR	Voyager Academy	54.85
2 Emilia Wolff	SR	Raleigh Charter	58.68
3 Kate Ragsdale	SO	Raleigh Charter	58.92
4 Paige Strecker	SR	Camden County	59.08
5 Divya Ganesan	SR	Raleigh Charter	59.54
6 Kylie Grace. Billups		Nash Central	1:00.13
7 Ashlin Wootton	JR	Voyager Academy	1:00.14
8 Delta Cole	JR	Southside	1:00.97
9 Isabella Wolff	SR	Raleigh Charter	1:01.51
10 Ava Riggs	SR	Franklin Academy	1:01.80
11 Amelia Leonard	SR	Voyager Academy	1:04.72
12 Eloise Leonard	FR	Voyager Academy	1:06.54
13 Brianna Rivers	SR	Franklin Academy	1:07.68
14 Ghita Basurto-Covarrubias		East Carteret	1:08.33
15 Emerald Dorsey		East Carteret	1:08.65
16 Lily Frank	FR	Eno River	1:10.29
17 Mallory Weiss	JR	Pasquotank	1:12.55
18 Meris Duprey		Manteo	1:13.20
19 Grace Garman		Manteo	1:14.18
20 Bronagh Linn	JR	Franklin Academy	1:14.23
21 Sophia Valente	FR	Res. Triangle	1:14.45
22 Emma League	SO	SW Edgecombe	1:14.78
23 Elie Wexler	SR	Res. Triangle	1:15.28
24 Rachel Bowers	SR	Res. Triangle	1:15.46

Event 14 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Owen Ragsdale	SR	Raleigh Charter	50.40
2 Harry Stacey	JR	Raleigh Charter	53.08
3 Alex Fink	JR	NCSSM	54.08
4 Chase Anderson	JR	NE Carolina Prep	55.56
5 Jackson Lyman	SR	Res. Triangle	56.59
6 Carlos Diaz	SO	Eastern Wayne	56.62
7 Trace Fernandez		East Carteret	56.70
8 John Hinchey	JR	Washington	57.72
9 Austin Waters	JR	Washington	59.19
10 Diego Evert	SR	Voyager Academy	1:00.14
11 Caleb Herring		Goldsboro	1:00.14
12 Liam Harding		East Carteret	1:00.36
13 Ryan Mann	FR	NE Carolina Prep	1:00.49
14 Layton Dupree	SR	Tarboro	1:00.55
15 Noah Curtis	FR	Raleigh Charter	1:01.01
16 Wyatt Nowacek		East Carteret	1:01.86
17 Mikey Moseley		Roanoke Rapids	1:04.67
18 Rudy Klauser		Manteo	1:05.06
19 Reid Gilreath		Manteo	1:05.16

2022 1A&2A East NCHSAA Regional Championships - 2/3/2022 to 2/4/2022**Host: Cumberland County Schools****Swimming & Diving****Psych Sheet****Event 15 Women 500 Yard Freestyle**

Name	Yr	School	Seed Time
1 Emilie Phillips	FR	Franklin Academy	5:22.23
2 Natalie Cooper	FR	Res. Triangle	5:22.94
3 Ede Kosik	SR	Voyager Academy	5:31.99
4 Gabby Harper		Rosewood	5:50.73
5 Kayla Liang	JR	Raleigh Charter	5:58.02
6 Natalie Weaver	SO	Res. Triangle	6:02.18
7 Catherine Howell		Perquimans	6:07.67
8 Lilly Barron	JR	Res. Triangle	6:12.37
9 Chapel Westbrook	SO	Oxford Prep	6:40.32
10 Valerie Zamudio	JR	Franklin Academy	6:40.51
11 Katelyn Elliott	SO	Voyager Academy	6:57.90
12 Aalysah McCleave	SR	Pasquotank	7:04.63
13 Kat Folger	FR	Oxford Prep	7:04.83
14 Caroline O'Neal		Manteo	7:13.55
15 MACKENZIE Boose	SR	Camden County	7:27.46
16 Cassie Pratt	SR	Franklin Academy	7:32.26

Event 16 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Lance Norris	SR	Nash Central	4:30.33
2 Topher Roberts	JR	NCSSM	4:55.77
3 Owen Von Weihe	SO	Raleigh Charter	4:56.81
4 Ryan Von Weihe	SR	Raleigh Charter	5:03.52
5 Jack Frank	SO	Eno River	5:12.36
6 Logan Page	SO	Franklin Academy	5:25.30
7 Ben Hanusik	SO	Manteo	6:05.17
8 Patrick Raynor	SR	Vance Charter	6:08.56
9 David Barr	SR	Eno River	6:30.89
10 Mikey Hartson		Roanoke Rapids	6:38.35
11 Darrell Miller	JR	Camden County	6:46.34
12 Jay Roberts		Perquimans	6:54.44
13 Colton King	JR	NCSSM	7:01.77
14 Jonathan Bass		Holmes	7:04.44
15 Chandler Walton	SR	Pasquotank	7:10.64
16 Lucas Norman	SO	Pasquotank	7:12.38

Event 17 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Raleigh Charter		1:50.14
2 Voyager Academy		1:50.34
3 Eno River		1:55.99
4 NCSSM		1:58.23
5 Franklin Academy		1:58.66
6 Camden County		2:03.01
7 East Carteret		2:03.98
8 Goldsboro		2:04.74
9 Manteo		2:06.22
10 Perquimans		2:07.92
11 Nash Central		2:08.52
12 Res. Triangle		2:09.64
13 Clinton		2:10.76
14 Washington		2:13.49
15 Roanoke Rapids		2:15.36
16 Vance Charter		2:15.97
17 Holmes		2:18.91
18 Bunn		2:31.34
19 Eastern Wayne		2:31.44
20 Rosewood		2:31.68
21 Northeastern		2:37.77
22 SW Edgecombe		2:38.58

Event 18 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 NCSSM		1:37.10
2 Raleigh Charter		1:38.36
3 Roanoke Rapids		1:40.37
4 East Carteret		1:45.65
5 Eno River		1:45.83
6 Washington		1:48.96
7 Manteo		1:48.99
8 NE Carolina Prep		1:52.98
9 Nash Central		1:55.12
10 Res. Triangle		1:56.78
11 Franklin Academy		1:58.46
12 Camden County		2:00.26
13 Clinton		2:06.43
14 Perquimans		2:15.08

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Host: Cumberland County Schools

Swimming & Diving

Psych Sheet

Event 19 Women 100 Yard Backstroke

	Name	Yr	School	Seed Time
1	Mary Shanahan	SO	Eno River	1:00.61
2	Emilia Wolff	SR	Raleigh Charter	1:04.30
3	Isabella Wolff	SR	Raleigh Charter	1:07.98
4	Anneliese Pinnell	SO	Eno River	1:08.00
5	Ashlin Wootton	JR	Voyager Academy	1:09.85
6	Maggie Murray		East Carteret	1:10.26
7	Uma Volety	SR	NCSSM	1:13.62
8	Erin Starbuck	JR	Raleigh Charter	1:14.46
9	Josie Barboriak	SR	NCSSM	1:14.99
10	Ava Riggs	SR	Franklin Academy	1:15.51
11	Chapel Westbrook	SO	Oxford Prep	1:16.33
12	Madeline Hart		Nash Central	1:18.95
13	Sylvia Buchanan	SO	Raleigh Charter	1:19.64
14	Stefanie Flores-Carias	SO	Clinton	1:19.95
15	Cally Salvador	JR	NCSSM	1:21.65
16	Emma Edwards	SR	Tarboro	1:22.11
17	Lilly Bullock	FR	Voyager Academy	1:23.63
18	Allie Pratt	JR	Franklin Academy	1:28.64
19	Jemma Campbell-Godfrey	FR	East Carteret	1:29.19
20	Carlyn Hodge	FR	SW Edgecombe	1:29.22
21	Holley Weiss	SO	Pasquotank	1:29.44
22	Elena Hill	JR	Washington	1:30.57
23	Addison Roughton		Nash Central	1:30.61

Event 20 Men 100 Yard Backstroke

	Name	Yr	School	Seed Time
1	Lance Norris	SR	Nash Central	52.05
2	Ganning Xu	JR	NCSSM	58.62
3	Jonathan Liang	JR	NCSSM	1:00.30
4	Ryan Agan		Nash Central	1:00.49
5	Kyle Su	FR	Raleigh Charter	1:02.42
6	Jack Frank	SO	Eno River	1:02.48
7	Noah Curtis	FR	Raleigh Charter	1:03.71
8	Bridger Stewardson	FR	Vance Charter	1:07.02
9	Lucas Nagel	SO	Eno River	1:07.75
10	Chase Diller		East Carteret	1:09.37
11	Gus Bollenbacher	JR	Res. Triangle	1:10.28
12	Thomas Healey	FR	Raleigh Charter	1:13.16
13	Logan Schiffbauer	FR	Pasquotank	1:13.79
14	Victor Hill	FR	Washington	1:15.67
15	Jonathan Bass		Holmes	1:16.00
16	Eli Britton	JR	Franklin Academy	1:18.39
17	Wyatt Grundmann	FR	Camden County	1:19.61
18	Jonovan Manuel	SO	Pasquotank	1:19.61
19	Ethan Privette	FR	Res. Triangle	1:21.38
20	Anshuman Battula	JR	Res. Triangle	1:21.66
21	Isaac Watkins	SR	Oxford Prep	1:22.59
22	Jacob Cooper	JR	Camden County	1:23.39
23	Landon Briggs		Roanoke Rapids	1:24.26
24	Robert Head		Manteo	1:26.11

Event 21 Women 100 Yard Breaststroke

	Name	Yr	School	Seed Time
1	Leah Simpson	SR	NCSSM	1:10.73
2	Skylar Jones	FR	Southern Wake	1:14.41
3	Katie Hu	FR	Raleigh Charter	1:17.75
4	Gwyn Benkusky		Manteo	1:18.31
5	Kayla Liang	JR	Raleigh Charter	1:18.64
6	Kate Ragsdale	SO	Raleigh Charter	1:19.10
7	Joliegh Connor		Perquimans	1:19.36
8	Kailen Craddock	SO	Vance Charter	1:19.68
9	Catherine Howell		Perquimans	1:20.28
10	Jolie Duquene	JR	NCSSM	1:21.53
11	Faith Murray	SR	Voyager Academy	1:23.01
12	Tessa Philips	SR	Raleigh Charter	1:23.97
13	Sage Kuehner	SO	Voyager Academy	1:23.97
14	Kenzy Yang	SO	Clinton	1:25.67
15	Aalysah McCleave	SR	Pasquotank	1:26.22
16	Avery Qualls		Roanoke Rapids	1:27.82
17	Ana Ocampo	SR	Franklin Academy	1:30.56
18	Aspen Sommers	SR	Washington	1:35.03
19	Gabby Lyman	SO	Res. Triangle	1:36.00
20	Daja Jones		St Pauls	1:36.06
21	Emma League	SO	SW Edgecombe	1:36.37
22	Florence Cheung	FR	Franklin Academy	1:38.21

Event 22 Men 100 Yard Breaststroke

	Name	Yr	School	Seed Time
1	Lucas Wilson	SR	Raleigh Charter	1:00.21
2	Topher Roberts	JR	NCSSM	1:03.78
3	Leon Zhang	FR	Raleigh Charter	1:05.76
4	Jake Deng	SR	NCSSM	1:06.07
5	Logan Page	SO	Franklin Academy	1:08.31
6	Jack Huo	SR	NCSSM	1:09.44
7	Collin Overby	JR	Eno River	1:10.98
8	John Hinchey	JR	Washington	1:11.42
9	Damien Wozniak	JR	NCSSM	1:13.14
10	Gabriel Curtis	JR	Raleigh Charter	1:13.80
11	Ryan Mann	FR	NE Carolina Prep	1:15.50
12	Campbell Barnes	SR	Southside	1:17.48
13	Devin Johnson	FR	Princeton	1:17.66
14	Joshua Loo	SR	Res. Triangle	1:19.30
15	Apurva Upadhyay	FR	Franklin Academy	1:20.62
16	Jase Westerbeek	SO	Clinton	1:24.78
17	Joshua Fisher		Manteo	1:26.87
18	Noah League	SO	SW Edgecombe	1:27.91
19	Blaine Hale		Nash Central	1:28.78
20	Austin Fender		Roanoke Rapids	1:30.64
21	Matias Moreno Barrios		Rosewood	1:30.67

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Host: Cumberland County Schools

Swimming & Diving

Psych Sheet

Event 23 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Res. Triangle		4:11.21
2 Raleigh Charter		4:14.20
3 Eno River		4:21.30
4 Franklin Academy		4:26.29
5 Voyager Academy		4:35.86
6 NCSSM		4:36.05
7 Camden County		4:43.92
8 Perquimans		4:53.57
9 Goldsboro		4:54.19
10 Nash Central		5:00.41
11 Rosewood		5:04.20
12 Washington		5:13.99
13 Pasquotank		5:17.53
14 Holmes		5:45.08
15 Roanoke Rapids		6:04.35

Event 24 Men 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Raleigh Charter		3:29.92
2 NCSSM		3:38.79
3 Roanoke Rapids		3:53.47
4 Eno River		3:58.47
5 Nash Central		4:01.02
6 Res. Triangle		4:04.15
7 Washington		4:10.44
8 Franklin Academy		4:21.24
9 Camden County		4:51.53
10 Pasquotank		4:51.95
11 Perquimans		5:25.19