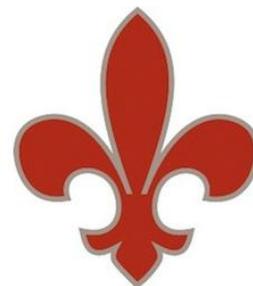




**STC Swim and Dive Meet #1**  
Kenny Center – St. Catherine's School  
Saturday, December 4, 2021

Diving @ 9:00 AM  
Swimming @ 12:00 PM



**Facility:**

Kenny Center, St. Catherine's School, Richmond, Va  
8 lane, 25 yard pool, Colorado Timing System

**Participating Schools:**

Bishop O'Connell, Greenbrier Christian Academy, New Community, Norfolk Academy, St. Catherine's, St. Christopher's, Walsingham Academy, & Williamsburg Christian Academy

**Eligibility**

Open to all eligible **varsity-level** swimmers from the participating schools listed above. JV swimmers are not permitted in this meet. By entering any athlete in the meet, their coach confirms that the athlete is in good standing with their school.

**Entries:**

3 scored entries per individual event  
2 scored relay team entries per relay event  
Maximum of 4 entries per competitor, no more than 2 of which may be individual events.

**Entry Format:**

Entries should be submitted using Hy-Tek Team Manager software. No manual or hard copy entries will be accepted. Entry files should be emailed at least 48 hours before the meet to Bucka Watson, at [watsond@stcva.org](mailto:watsond@stcva.org). The computer entries must be accompanied by a "Meet Entry Report." This written description will serve as the official entry, so please be sure that your Team Manager entries match your written report. Include diving entries if applicable. Entries must include the swimmer's first name, last name and grade. Entry files must designate each swimmer's sex.

**Deadline:**

Entries must be submitted by **Thursday, December 2<sup>nd</sup> at 6:00 pm**. After that time, changes to individual events are limited to scratches.

**Schedule:**

Diving warm-ups: 8:00-8:50 am  
Dive Meet Starts: 9:00 am  
Swimming warm-ups: 10:30-10:50 am: St. Catherine's/St. Christopher's  
10:50-11:10 am: GCA (1-3) / WA (4-7) / TNCS (8)  
11:10-11:30 am: Norfolk Academy  
11:30- 11:50 am: Bishop O'Connell / WCA (7-8)  
**\*Swim warm-ups may be changed due to team size.**

*Swim Coaches Meeting at 11:45 am.*  
*Swim Meet starts at 12:00 pm.*

**Scoring:**

3+ double dual meet scoring format.  
Individual 6-4-3-2-1-0.  
Relays: 8-4-2-0.

**Exhibitions:**

1 exhibition entry for the 500 free  
2 exhibition entries for all relay events  
**Unlimited** exhibition entries for all other individual events

**Events:**

Women	Event	Men
9	Diving	10

Women	Swimming	Men
1	200 Medley Relay	2
3	200 Free	4
5	200 IM	6
7	50 Free	8
	10 Minute Break	
11	100 Fly	12
13	100 Free	14
15	500 Free	16
17	200 Free Relay	18
	10 Minute Break	
19	100 Back	20
21	100 Breast	22
23	400 Free Relay	24

**Meet Director:** John Warren  
jdwarren61@icloud.com

**Meet Administrators:** Bucka Watson  
watsond@stcva.org  
(804) 512-3298  
Tammy Derosier, Stevie Rodgers, Pattie Hodges & PM Mansfield

**Saints Coaches**

**Swim:** Head Coach: Bucka Watson.  
Assistant Coaches: Kaitlin Stasiunas, Proctor Trivette, and Madeline Nathe

**Dive** Head Coaches: Mason Laine & Diane Maiese  
Assistant Coach: Stefanie Lapp

**COVID Protocols:** All coaches will need to be masked. Swimmers are required to wear their masks on the pool deck when not swimming.

**COVID Spectator Policy:** The swim meet will be closed to all spectators. Only athletes and coaches should attend the meet. We are going to use our STC parents as volunteers and they will be vaccinated and masked.

**Meet Mobile** We will be publishing this meet on the Meet Mobile app, which can be used on both Apple and Android devices.  
Meet Name: **STC Swim and Dive Meet #1**

**Live Stream** The Meet will be streamed live via the St. Catherine's Youtube Channel. You will be able to find the meet link [HERE](#). We will also have a live virtual scoreboard running via swimnerd.live. To find the live scoreboard, search "**STC Swim and Dive Meet #1**".